



Mission

Through mindful engagement in inspiring outdoor experiences, we aim to enhance the lives of children who experience anxiety and depression and their families. The Courage Project seeks to raise awareness and destigmatize mental health concerns - one adventure at a time.

Contact:

(650) 773-6028

www.courageproject.org

info@courageproject.org

PO Box 4515

Incline Village, NV 89450

@  @tahoecourage

Volunteer Opportunity- Title

Courage Coach, Athlete Ambassador

Volunteer Opportunity- Description

We have a limited number of volunteer opportunities for psychologically-minded individuals who are passionate about helping kids overcome fears and be active in nature. Summer offerings include mindfulness hikes, beach/mountain top yoga, rock climbing, and stand up paddle boarding outings. Winter offerings include skiing, snowboarding, and snowshoeing. We will be holding five, events this winter, consisting of approximately a 3- to 5 hour time commitment each event. During these outings Courage Coaches provide children who experience symptoms of anxiety and depression individualized support and guidance to participate in these activities. Ambassadors may provide individualized support and guidance or may serve as mastery models for engaging in the activity and assist in assuring safety.

Skills Needed

Minimum age 18

CPR / First Aid Certified (preferred)

Background Check (mandatory)

Previous experience working with school-aged children

Courage Project - Volunteer Application

Attend Courage Coach Orientation and Training
Complete Volunteer Waiver
Patient, Compassionate, Enthusiastic, Psychologically-Minded
Must be able to engage in outdoor activities

Contact for Opportunity

Lauren Allen

Contact's Email

info@courageproject.org

First Name:				
Last Name:				
Date of Birth:				
SSN:				
Street Address:				
City, State, Zip:				
Email Address:				
Cell Number:				
Preferred Contact Method:		Email	Phone	

Courage Project - Volunteer Application

1. What is most appealing to you about volunteering with The Courage Project?

2. Which Courage Project outdoor activities do you participate in regularly? At what skill level?
 - Ski
 - Snowboard
 - Snowshoe
 - Rock Climb (indoor, outdoor)
 - Standup Paddle
 - Hike
 - Yoga

3. Do you fluently speak any languages other than English? If yes, what language?

4. Do you have any scheduling limitations this term (i.e., extended vacations planned)?

5. Please share any training or experience that may be applicable.

6. Please share any certifications you have such as First Aid, CPR, Wilderness First Aid, etc. (this can include if you are an EMT, received your Wilderness First Responder, received a Bachelor's degree in Psychology, studied Mindfulness Based Stress Reduction, etc.).

7. What else would you like us to know about you?

8. Have you completed the volunteer waiver? Yes No

Background Check Consent

As part of the volunteer screening process, The Courage Project will obtain access to verify your identity and check for any criminal background report. This report will not include any information regarding your credit worthiness, credit standing, credit capacity, personal characteristics, or mode of living. The information you are being asked to provide will not be used to make an employment decision. Volunteer opportunities at The Courage Project do not constitute an employee-employer relationship. Therefore, the provisions of the Fair Credit Reporting Act (FCRA), 15 U.S.C. Section 1681 et seq., do not apply.

AUTHORIZATION

During the application process and at any time during my period of volunteer service with The Courage Project, I hereby authorize S2Verify, LLC on behalf of The Courage Project to procure an Identity Validation and criminal background report. To accomplish this, I understand that S2Verify, LLC will need my full name (and, if applicable, a maiden name or any other names used), my address, my date of birth, and my social security number. This criminal background report / Identity Validation will not contain information regarding my credit worthiness, credit standing, credit capacity, personal characteristics, or mode of living. This criminal background report may be compiled with information from fugitive files and government watch lists, state sex offender registries, state and county criminal records repositories, state departments of corrections, and administrative offices of the courts.

You are under no obligation to provide any information to S2Verify. However, if you choose not to, your application to volunteer for positions that include direct youth contact will receive no further consideration. If you are only interested in volunteering in a manner that includes no direct youth contact, or have any questions, concerns or special circumstances, please contact brie@courageproject.org.

My signature below indicates that I agree to the above statement and authorize a background investigation.

Signature

Date